

Eye Drops For dry, irritated, tired eyes



Suitable for contact lens users

Eye Drops

For relief of dry, irritated or tired eyes. Provides rapid moisturisation and refreshment. Helps maintain lubrication of the eye. Suitable for use when wearing contact lenses.

• 10 ml sterile solution

No preservatives

Revitalising and moisturising

Eyes can sometimes feel dry, irritated or tired because of computer use, heating or air-conditioning, age or

through wearing contact lenses. A.Vogel Eye Drops contain ingredients to refresh the eyes, helping to keep them moist whilst maintaining a liquid film.

Unique dropper bottle

A.Vogel Eye Drops come in a unique dropper bottle. The easy-to-use dropper system releases just one drop at a time for ease of application.

Dosage and use

Adults: 1 drop in each eye 4-5 times daily. Children from the age of 3 years: 1 drop in each eye 1-2 times daily.

The dropper bottle contains 10 ml sterile solution (about 300 drops). Please note, there will always be a small amount of liquid left in the bottle. We recommend that this product is not shared with other people.



1 Remove the coloured cap from the bottle.



2 First time use: Hold the bottle upside down over your hand and squeeze the base several times until the first drop is released. The dropper bottle is now ready for use.



3 Tilt the head back slightly and pull the lower eyelid downwards. Place the dropper above the eye. Holding the bottle with your thumb and middle finger, press the base of the bottle with your index finger.



4 Close your eye so that the fluid spreads evenly over the eye's surface.

Replace the cap on the bottle, pressing firmly.

What you need to know before you use A.Vogel Eye Drops

Do not exceed the stated dose

It is recommended that you seek advice from your optician or healthcare professional if symptoms last for more than 30 days.

Use during pregnancy or breastfeeding

A.Vogel Eye Drops can be used as directed at the dose stated.

Do not use if you are

Hypersensitive to any of the ingredients.

Tolerability

The unique bottle design keeps the contents sterile without using preservatives, ensuring the product once open, can be used frequently.



Ingredients

Hyaluronic acid (1 mg/ml), *Euphrasia officinalis* (Eyebright), Sodium chloride, Boric acid, Disodium tetraborate decahydrate, Sodium hydroxide, Hydrochloric acid, Water.

No preservatives.

Storage

Keep out of the reach and sight of children. Store between $8^{\circ}C$ and $25^{\circ}C$.

Use within 6 months of opening. Do not use after the expiry date.

Packaging

A.Vogel Eye Drops is available in a 10 ml pack.

Personal advice

A.Vogel aids the body's ability to repair itself with natural products that have been developed according to the latest scientific insights.

For further details or healthcare advice go to www.avogel.co.uk, or call the A.Vogel Customer Helpline on 0845 608 5858 or send an email to enquiries@avogel.co.uk.

Tips to prevent dry, irritated and tired eyes

- Use natural light as much as possible. Do not work at a computer screen for long periods at a time. You can avoid this by taking regular breaks.
- Do not wear contact lenses for longer than the manufacturers recommendation.

- Consider wearing sunglasses to avoid irritation from sunlight.
- Avoid air-conditioning where possible. Choose to open a window instead.
- Don't watch too much TV.

Alfred Vogel, a globe-trotter fascinated by nature

Alfred Vogel travelled to Africa, Asia and America, where the indigenous people showed him the link between nutrition, lifestyle and health. He returned from each trip with a treasure trove of plants, which he processed to produce herbal remedies and natural health products. These products now help millions of satisfied users worldwide to become healthy and stay healthy.

A.Vogel gardens: EKO label

We largely cultivate the plants for A.Vogel products in our own gardens. Naturally, we use organic methods (EKO label). This means that no artificial fertilisers or chemical pesticides are used. We harvest the plants when they have the highest concentration of active ingredients. They are then freshly processed to make natural A.Vogel products.

Care for the environment

A.Vogel strives to minimise the impact on the environment. As far as possible our packaging materials are produced using environmentally friendly methods. These can be incinerated without any harmful impact on the environment or they are suitable for recycling. The text of these instructions was most recently revised on 6 January 2016.

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