



Bronchoforce Chesty Cough Ivy Complex oral drops



Information

Important things you need to know

- This product is used to relieve chesty coughs, mucus coughs and catarrh.
- This product is suitable for adults and children over 12 years.
- **Don't take** this product if you are allergic to any of the ingredients: see section 6.
- **Before you take this product:** read section 2.
- **Dosage instructions:** see section 3.
- **Talk to your doctor** if your symptoms worsen or do not improve within 7 days.
- Side effects may occur: see section 4.

Now read the rest of this leaflet carefully. Keep this leaflet. You may need to read it again.

1. What this product is for

Bronchoforce is a traditional herbal medicinal product used to relieve:

- Chesty coughs
- Mucus coughs
- Catarrh

This is based on traditional use only.

Do's & Don'ts

2. Before you take this product

- Do not give this product to children under 12.

Do not take this product:

- If you are **allergic** to:
 - Ivy (*Hedera helix*). This product contains ivy.
 - Thyme (*Thymus vulgaris*). This product contains thyme.
 - Liquorice (*Glycyrrhiza glabra*). This product contains liquorice root.
 - Any of the other ingredients in this product. (See section 6 Further Information)

- If you are **taking** any of the following:
 - Another medicine which is affected by alcohol
 - Another product containing liquorice
 - Diuretics
 - Digoxin or other cardiac glycosides
 - Corticosteroids
 - Stimulant laxatives
 - Medicines which may affect your electrolyte balance

- If you are pregnant or breast-feeding.

See your doctor before taking this product:

- If you **suffer** from:
 - High blood pressure
 - Kidney disease
 - Liver problems
 - Heart problems
 - Low blood levels of potassium which can cause muscle weakness, twitching or abnormal heart rhythm (hypokalemia)
- If you are **taking** any medicine for high blood pressure. The liquorice root in Bronchoforce may affect how it works.

You should also know

- This medicinal product contains 51 vol % ethanol (alcohol), i.e. up to 212 mg per 20 drop dose, equivalent to 5.4 ml beer (around a teaspoon) or 2.25 ml wine (around half a teaspoon) per dose.
- If you suffer from alcoholism the alcohol content of this product may be harmful.
- If you are in a high-risk group (patients with liver disease or epilepsy) you should consider the alcohol content before taking this product.

Using

3. How to take this product

Adults and children over 12 years: Take 20 drops in a little water three to five times daily. Not for use in children under 12.

For oral use only. Do not take more than the recommended dose.

If you take too much

- If you feel ill, talk to your doctor.
- Overdose of this product may result in alcohol intoxication and should be treated accordingly (see section 2 'You should also know').

If you forget to take this product

- Don't worry about the missed dose. Take the next dose as usual.

Driving and using machines

- This product contains alcohol (see section 2 'You should also know' for alcohol content).



Using

If you feel this product isn't working

Stop taking this product and see your doctor if:

- You are short of breath (dyspnoea)
- You have a high temperature (fever)
- Your phlegm is yellow-green to brown in colour (purulent sputum)
- If your symptoms worsen or you don't feel an improvement within 7 days



Side effects

4. Possible side effects

Like all medicines, this product can cause side effects, although not everybody gets them.

Side effects

The following side effects can occur when using this product.

Digestive symptoms

- Digestive upsets such as sickness or feeling sick

These are often short-lived and should go away by themselves. However if they are troubling you, talk to your doctor or pharmacist.

Skin reactions

- Skin rashes
- Itching

Stop taking the product if these occur.

Other

There have been isolated reports of the following side effects occurring with products containing liquorice:

- Low blood levels of potassium which can cause muscle weakness, twitching or abnormal heart rhythm (hypokalaemia)

- Irregular heartbeat (cardiac rhythm disorders)
- High blood pressure (hypertension)
- A serious condition resulting from high blood pressure (hypertensive encephalopathy)

Stop taking the product if these occur. Seek medical advice and take this leaflet with you.

The frequency of these side effects is not known. This means it is not known how often these reactions occur as there has not been enough reports to allow this information to be calculated.

If you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.



Information

5. How to store this product

- Keep out of the reach and sight of children.
- Do not use this product after the expiry date on the packaging. The expiry date refers to the last day of that month.
- This medicinal product does not require any special storage conditions.
- Do not use this product if you notice a change in colour. It should be a clear liquid that is brown in colour.

6. Further Information

What this product contains

1 ml of oral liquid contains the tinctures of:

Fresh Ivy herb **376 mg**
(*Hedera helix* L.) (1:5.7-6.0)
Extraction solvent: ethanol 51% V/V

Fresh Thyme herb **329 mg**
(*Thymus vulgaris* L.) (1:8.0-8.2)
Extraction solvent: ethanol 51% V/V

Liquorice root **234 mg**
(*Glycyrrhiza glabra* L.) (1:10-11)
Extraction solvent: ethanol 51% V/V

1 ml of Bronchoforce is equivalent to 38 drops.

The other ingredients used for the liquid are ethanol, purified water, star anise oil and eucalyptus oil.

What this product looks like and the contents of the pack

Bronchoforce is a clear liquid that is brown in colour. It is available in 15 ml, 50 ml and 100 ml bottles. Not all pack sizes may be marketed.

Traditional Herbal Registration Holder and Manufacturer

Traditional Herbal Registration Holder and Batch Release:

Bioforce (UK) Ltd,
2 Brewster Place,
Irvine, Ayrshire, UK
KA11 5DD

Manufacturer:

Bioforce AG, CH-9325, Roggwil
Switzerland

THR No. 13668/0022



Certification Mark

This leaflet was revised on 11/2013

About the ingredients of Bronchoforce

- Ivy is an evergreen climbing plant which is native to Europe. The extract of the leaves is used to make Bronchoforce.
- Thyme is a herb native to Europe which has been consumed as a food and medicine for many years.
- Liquorice is a plant which is native to Southern Europe and parts of Asia. It is the extract of the roots which is used to make Bronchoforce.

You should also know

Bioforce runs a helpline by phone and email which can provide you with further information.

Email: enquiries@avogel.co.uk
Phone: 0845 608 5858

You can help to make medicines safer by reporting any side effects to the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. Alternatively you can get a paper Yellow Card form from your doctor's surgery or pharmacy, or call freephone 0800 100 3352 (available 10am-2pm Monday-Friday).

You can get a larger print or audio version of this leaflet. Call this number: 0845 608 5858