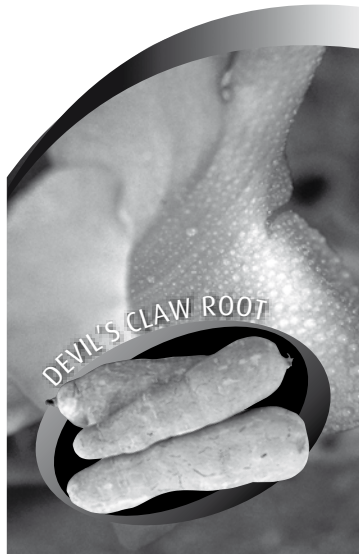




Package Leaflet:  
Information for the User



**Atrosan®**  
Devil's Claw tablets



## Information

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to take Atrosan carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- If you need more information or advice ask your doctor, pharmacist or other healthcare practitioner.
- Contact a doctor if your symptoms worsen or do not improve within 8 weeks.
- If any of the side effects become serious, or if you notice any side effect not listed in this leaflet, please speak to your doctor, pharmacist or healthcare practitioner.

### In this leaflet:

1. What this product is and what it is used for
2. Before you take this product
3. How to take this product
4. Possible side effects
5. How to store this product
6. Further information

## Do's and Don'ts for using Atrosan

### 1. What this product is and what it is used for

**Atrosan is a traditional herbal medicinal product used for the relief of:**

- Rheumatic or muscular pain
- General aches and pains in the muscles and joints
- Backache

This is based on traditional use only.

### 2. Before you take this product

**Do not take this product if:**

- You are allergic to Devil's claw (also known as Harpagophytum). This product contains Devil's claw root.
- You are allergic to any of the other ingredients in this product (see Section 6 Further Information).
- You have an ulcer (either a gastric and/or duodenal ulcer). Atrosan is not suitable for you.
- You are under 18 years old.

**Tell your doctor if:**

- Your symptoms worsen.
- You do not feel any benefit from Atrosan within 8 weeks.
- Your joint pain is accompanied by swelling of the joint, redness or a fever.
- You have heart problems and want to take Atrosan.

### Using other medicines

- You can use Atrosan with other medicines.

### Using this product with food and drink

- This product is best taken immediately after food.
- You can eat and drink as normal.

### Pregnancy and breast-feeding

- Do not use if you are pregnant or breast-feeding.

### Driving and using machines

- In rare cases Atrosan may cause dizziness and drowsiness. If this happens to you, do not drive or use machines.

### Important information about some of the ingredients of Atrosan

- Do not use this product if you have been told by your doctor that you have an intolerance to products containing lactose. Atrosan contains lactose.

*Please turn over...*



## Using

### 3. How to take this product

**Adults and the elderly:** Take one tablet twice daily immediately after food. The dose can be increased to two tablets twice daily if relief is not obtained after 3 to 5 days.

Not for use in children or those under 18. For oral use only. Don't take more than the recommended dose.

#### If you take more of this product than you should

- If you take too much and feel ill, talk to your doctor. Taking too much is unlikely to be harmful.

#### If you forget to take this product

- Don't worry about the missed dose. Take the next tablet as usual.

#### If you stop taking this product

- You can stop taking Atrosan at any time.

#### If you feel this product isn't working

- See your doctor if your symptoms worsen or do not improve within 8 weeks.

There is additional information in Section 6 at the end of this leaflet.



## Side effects

### 4. Possible side effects

Like all medicines, Atrosan can cause side effects, although not everybody gets them.

#### Minor side effects

The following minor side effects can occur when using this product.

#### Digestive symptoms

- Stomach discomfort
- Feeling sick
- Digestive upsets such as sickness or diarrhoea

#### Other side effects

- Rash
- Itching
- Headache
- Dizziness

Discontinue use if you find these symptoms are troubling you. Talk to a doctor, pharmacist or other healthcare practitioner if you are concerned.

If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.



## Information

### 5. How to store this product

- Keep out of the reach and sight of children.
- Do not use Atrosan after the expiry date which is stated on the packaging. The expiry date refers to the last day of the month.
- Atrosan does not require any special storage conditions.
- Do not use Atrosan if you notice a change in colour. The tablets should be white.

### 6. Further Information

#### What Atrosan tablets contain

The active ingredient contained in Atrosan is the extract from Devil's claw root, also otherwise known as *Harpagophytum procumbens* root.

1 film-coated tablet contains 480mg of extract (as dry extract) from Devil's claw root (*Harpagophytum procumbens* D.C. and/or *H. zeyheri* L. Decne.) (1.5-3.0:1). Extraction solvent: Ethanol 60% V/V.

The other ingredients used for the tablet are lactose, maize starch, microcrystalline cellulose, precipitated silica, colloidal silica and magnesium stearate (vegetable source).

The tablet coating contains talc, titanium dioxide, macrogol and hypromellose.

#### What this product looks like and the contents of the pack

Atrosan tablets are oval-shaped, white tablets. They are available in packs of 30, 50, 60 or 120 tablets. Not all pack sizes may be marketed.

#### Traditional Herbal Registration Holder and Manufacturer

##### Traditional Herbal Registration Holder and Batch Release:

Bioforce (UK) Ltd,  
2 Brewster Place,  
Irvine KA11 5DD

##### Manufacturer:

Bioforce AG, CH-9325, Roggwil  
Switzerland

THR No. 13668/0012

This leaflet was approved on 01/2008

### What is Devil's claw?

Devil's claw is a plant which is native to southern Africa. It produces storage tubers (roots) and it is the extract of these tubers which is used to make Atrosan.

### You should also know

Bioforce runs a helpline by phone and email which can provide you with further information.

Email: [enquiries@avogel.co.uk](mailto:enquiries@avogel.co.uk)

Phone: 0845 608 5858

You can get a larger print or audio version of this leaflet.

Call this number:  
0845 608 5858.