



Patient Information Leaflet

**A.Vogel**

**Echinaforce®**  
Echinacea Drops



## Information

### Important things you need to know

- This product is used to relieve the symptoms of colds and flu.
- This product is suitable for children over 6 years.
- **Don't take** this product if you are allergic to products containing Echinacea.
- **Before you take this product:** read section 2.
- **Dosage instructions:** see section 3.
- **Talk to your doctor** if your symptoms worsen or do not improve.

**Now read the rest of this leaflet carefully.** Keep this leaflet. You may need to read it again.

## 1. What this product is for

Echinaforce is a traditional herbal remedy for relieving the symptoms of:

- Colds
- Flu
- Upper respiratory tract infections

Echinaforce stimulates the immune system, helping the body to fight infection.

## Do's & Don'ts

### 2. Before you take this product

#### Do not take this product:

- If you are under 6 years of age.
- If you are allergic to products containing Echinacea. This product contains *Echinacea purpurea*.
- If you are pregnant or breast-feeding.

#### You should also know

- This medicinal product contains 65 vol % ethanol (alcohol), i.e. up to 350 mg per dose, equivalent to 8.8 ml beer (less than a tablespoon) or 3.7 ml wine (less than a teaspoon).
- If you suffer from alcoholism the alcohol content of this product may be harmful.
- If you are in a high-risk group (patients with liver disease or epilepsy) you should consider the alcohol content before taking this product.

## Using

### 3. How to take this product

**Adults and the elderly:** 15 drops (0.6 ml) in a little water two to three times daily.

**Children (6–12 years):** 7 drops (0.3 ml) in a little water two to three times daily.

Not for use in children under 6.

For oral use only. Don't take more than the recommended dose.

#### If you take more of this product than you should

- If you take too much and feel ill, talk to your doctor.

#### If you forget to take this product

- Don't worry about the missed dose. Take the next dose as usual.

#### If you feel this product isn't working

- See your doctor if your symptoms worsen or do not improve.

*Please turn over...*

## Side effects

### 4. Possible side effects

Like all medicines, this product can cause side effects, although not everybody gets them.

#### Digestive symptoms

- Stomach upset

This is often short-lived and should go away by itself. However if it is troubling you, talk to your doctor or pharmacist.

#### Skin reactions

- Rash

Stop taking the product if this occurs.

If you are concerned about any side effect or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## Information

### 5. How to store this product

- Keep out of the reach and sight of children.
- Do not use this product after the expiry date which is stated on the packaging. The expiry date refers to the last day of that month.
- Do not store above 25°C. Keep out of direct sunlight.
- Do not use this product if you notice a change in appearance. It should be a clear liquid that is olive in colour.

### 6. Further Information

#### What this product contains

Tincture of *Echinacea purpurea* herb and root. 15 drops (0.6 ml) contain the equivalent of 285 mg whole fresh plant or 64.5 mg whole dried plant.

#### What this product looks like and the contents of the pack

Echinaforce Echinacea Drops are a clear liquid that is olive in colour. This product is available in 50 and 100 ml bottles.

#### Marketing Authorisation Holder and Manufacturer

##### Marketing Authorisation Holder and Batch Release:

Bioforce (UK) Ltd,  
2 Brewster Place,  
Irvine, Ayrshire, UK  
KA11 5DD

##### Manufacturer:

Bioforce AG, CH-9325, Roggwil  
Switzerland

PL No. 13668/0002

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#### What is Echinacea?

Echinacea is a plant which is native to America. The herb and root extracts of the Echinacea species, *Echinacea purpurea*, are combined to make Echinaforce® Echinacea Drops.

#### You should also know

Bioforce runs a helpline by phone and email which can provide you with further information.

Email: [enquiries@avogel.co.uk](mailto:enquiries@avogel.co.uk)

Phone: 0845 608 5858

You can get a larger print or audio version of this leaflet.  
Call this number:  
0845 608 5858.