



# Sinuforce

## Dry Nose



## Dry Nasal Passages

### Moisturising and soothing

#### Nasal Spray

- Moisturisation of dry nasal passages
- Supports healthy nasal mucosa, helping to prevent nosebleeds
- Softens crusts and thins thick mucus, making it easier to remove.

#### Dry nasal mucosa

Dry nasal passages can feel annoying and painful. There are several reasons for nasal tissues to become dry, irritated or damaged.

- Environments with low humidity caused by air conditioning or heating (e.g. home, office, hospital, air travel)
- Allergies (e.g. hayfever)
- Hormonal changes
- Medication

A.Vogel Sinuforce Dry Nose Nasal Spray contains moisturising and soothing ingredients to help relieve dry nasal passages and mucus crusts. It forms a protective layer over the affected nasal tissues and binds moisture, helping to prevent dehydration.

100% natural ingredients. The unique bottle makes it unnecessary to use preservatives.

#### Importance of moist nasal mucosa

An important function of the nose is to purify inhaled air. The nose has a moist mucus membrane and fine vibrating hairs called cilia. They clean around 10,000 litres of inhaled air a day and minimise the amount of inhaled dust and bacteria to enter. That is why it is important to breathe through a 'humid' nose as much as possible.

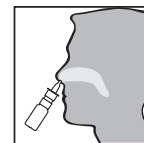
#### Dosage and use

Spray once or twice into each nostril, as often as required. Do not exceed the stated dose.

1. Start by blowing the nose to clear the nasal passages
2. Shake well before use
3. Remove the cap from the bottle
4. On first use: Keep the bottle upright and press several times on the nozzle until a fine spray is produced
5. Insert the nozzle into the nostril and spray into the nose. At the same time breathe in through the nose
6. Repeat with the other nostril
7. Wipe the nozzle after each use and replace the cap.

For hygiene reasons it is recommended that the spray is not shared.

The spray can be used for a maximum of 30 consecutive days.



#### Use during pregnancy or breastfeeding

A.Vogel Sinuforce Dry Nose Nasal Spray may be used as directed, during pregnancy or when breastfeeding.

#### Do not use in the case of

Hypersensitivity to any of the ingredients.

### Combination with other products

You can use this product together with other products. In case of doubt, it is advisable to consult your doctor or pharmacist.

### Tolerability

At the recommended dose, the product is generally well tolerated.

### Ingredients

Sodium hyaluronate, sodium dihydrogen phosphate dihydrate, disodium hydrogen phosphate dodecahydrate, sodium chloride, *Chamomilla recutita* (Chamomile) aroma, water.

Suitable for vegans.

### Storage

Keep out of the sight and reach of children.

Store below 25°C.

Use within 12 weeks of opening.

### Packaging

A.Vogel Sinuforce Dry Nose Nasal Spray is available in a 15 ml pack.

### Further advice

For further details or personal advice you can call the

A.Vogel Helpline:

**UK:** 0845 608 5858

enquiries@avogel.co.uk

**IE:** 1 890 930 070

enquiries@avogel.ie

Visit [www.avogel.co.uk](http://www.avogel.co.uk)

### Caring for your nose

Keep humidity in mind. If humidity is too low, you can increase this by:

- Siting water trays near the heating source (e.g. radiator)
- Site plants around your room
- Keep room temperature around 20-21°C
- Use a humidifier

### Care for the environment

A.Vogel strives to minimise the impact on the environment. As far as possible our packaging materials are produced using environmentally friendly methods. These can be incinerated without any harmful impact on the environment or they are suitable for recycling.

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